

SWIMMING

TECHNICAL RULES AND REGULATIONS



2025



SWIMMING

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GENERAL	3
1. GENERAL CONDITIONS	3
2. DELEGATION COMPOSITION	4
3. SPORT PROGRAM	5
4. TECHNICAL RULES	6
5. SPORTS EQUIPMENT.....	7
6. COMPETITION EQUIPMENTS.....	7
7. TECHNICAL MEETING.....	8
8. PROTESTS AND APPEALS.....	7



SWIMMING

TECHNICAL RULES AND REGULATIONS

GENERAL

The purpose of the “ISF Swimming Technical Rules and Regulations” is to provide standardized rules and regulations for all Swimming competitions. This document is set up in accordance with the ISF Statutes, the ISF Sport Policy, the ISF General Competition Regulations and World Aquatics Rules.

This document is intended to ensure that all matters related to competitions are conducted in a fair and orderly manner. The specific objectives of this document are to:

1. Define and specify the **general conditions** under which participants can take part in the ISF Swimming events;
2. Determine the **delegation composition**;
3. Determine the **sport program**;
4. Determine the **technical rules**;
5. Set the **draw** procedure;
6. Set **protests and appeals** procedure.

Please note that the technical rules and regulations are applicable to Swimming ISF event in 2024.

1.GENERAL CONDITIONS

The competition will be run according to the ISF rules and regulations and WA (World Aquatics) technical rules under the direction of the WA. Any decisions over matters not mentioned in the present document will be taken by the ISF Swimming Technical Commission.

- The ISF Swimming events are open to individuals/teams.
- The competition is categorized into: boy categories, girls categories and mixed categories.

AGE CATEGORY

Year	U15* YEAR OF BIRTH
2025	2010 - 2011 - 2012



SWIMMING

TECHNICAL RULES AND REGULATIONS

2. DELEGATION COMPOSITION

Each delegation will consist of:

- Head of delegation - mandatory
- Deputy Head of Delegation - optional
- Student athlete(s) - mandatory
- Team officials - mandatory
- Additional adults - optional
- Safeguarding officer - optional
- Young reporter - optional

HEAD OF DELEGATION (HOD)

- There is a mandatory amount of one (1) head of the delegation per registering delegation.
- The head of the delegation shall be the sole intermediary between the delegation and the Local Organising Committee, and the ISF.
- He/she may not combine the function with any other official role (i.e., coach, referee, etc.).

DEPUTY HEAD OF DELEGATION (Deputy HoD)

- The role of Deputy HoD is to assist the Head of Delegation.
- The presence of the Deputy HoD is not mandatory.
- max 1 Deputy Head of a delegation from 100 to 200 participants.
- max 2 Deputy Heads of a delegation from 201 or more participants.

ATHLETES

- All student-athletes must be enrolled as full-time students at a school in the country in which they represent.
- All student-athletes must be attending schools that provide general education and/or vocational education incorporating segments of general education.
- Only athletes, registered on the team's list handed in at the accreditation, are authorized to take part in this competition.
- Each swimmer may enter an unlimited event plus the relays.

The following are *not* eligible to participate:

- Attendees of vocational schools only attend a school as a complement to their vocational training and are not full-time students with a segment of general education.
- Students enrolled at schools that provide sports training without any general education.

TEAM OFFICIALS

COACHES

- The presence of a coach is mandatory.
- Teams or individuals cannot participate in the competition without the presence of a coach.
- Each delegation shall enter a minimum of one (1) coach per gender.



SWIMMING

TECHNICAL RULES AND REGULATIONS

OTHER TEAM OFFICIALS

- The function of other team officials can be: doctor, trainer, physiotherapist, statistician, team manager etc.
- The presence of the other team officials is not mandatory.
- The function of the other team officials must be specified during the registration process.
- Any person not specified during registration or exceeding the limit will not be considered part of the team.

ADDITIONAL ADULTS

- The function of additional adults can be: interpreter, security personnel, ministry representatives, media, etc.
- The presence of additional adults is not mandatory.
- The function of each additional adult must be specified during the registration process.
- Any other additional persons not specified during registration or exceeding the limit specified in this document will not be considered part of the official delegation and will not be accredited by the LOC.

SAFEGUARDING OFFICER

The role of the safeguarding officer is to provide support to the delegation in any situation related to safety.

YOUNG REPORTER

Each delegation may bring additional young students who will take the role of a young reporter during the ISF event.

3. SPORT PROGRAM

EVENTS

- **Boys and Girls**
 - **Teams** Freestyle 50, 100, 200, 400, 800 meters
Backstroke 50, 100 and 200 meters
Breaststroke 50, 100 and 200 meters
 - **Single** Butterfly 50, 100 and 200 meters
Individual Medley 200 and 400 meters
Freestyle Relays 4x100 meters
Medley Relay 4x100 meters
Mixed Relays 4x100 meters Freestyle and 4 x 100 meters Medley
 - **Mixed**
- All events will be Preliminary Heats (AM) and Finals (PM).



SWIMMING

TECHNICAL RULES AND REGULATIONS

4. TECHNICAL RULES

RULES

ENTRIES PER EVENT

Each delegation may enter an unlimited number of swimmers in individual events but only two swimmers from the same delegation (Country) can compete at the Finals.

Each swimmer may enter in an unlimited event plus the relays.

RELAY ENTRIES

Each delegation may enter more than one (1) team in each relay event, but only one (1) team from the same delegation (Country) can compete at the Finals.

SPECIFIC RULES

ACCORDING TO FINA (World Aquatics) SWIMMING RULES
2023 – 2025

The ISF Swimming Technical Commission shall have jurisdiction over all matters not assigned by the rules and shall have the power to postpone events and give directions consistent with the rules adopted for conducting any event.

5. TECHNICAL OFFICIALS

- According to WA rules
- SW 2 OFFICIALS

6. COMPETITION EQUIPMENT and FACILITIES

- Approved by WA (World Aquatics) and according to WA FACILITIES RULES 2021– 2025

7. TECHNICAL MEETINGS

The LOC shall organize a Technical Meeting on the day before the first day of competition of the Meet. The meeting should take place before 12h00 on the day prior to Day 1 of competition. The ISF Technical Commission President or a delegate shall chair this meeting. This will be the only opportunity for last minute entry changes such as **SUBSTITUTION, CORRECTION OR WITHDRAWAL**.



SWIMMING

TECHNICAL RULES AND REGULATIONS

8. PROTESTS AND APPEALS

Appeals involving results or any matter not concerning discipline will be heard by the Appeal Jury. The appeal must be lodged within 30 minutes of the incident and be submitted in English to the TC. The payment of the amount of 50€ must accompany the appeal and is to be paid to LOC in cash. This payment will be refunded only if the appeal is upheld or at the discretion of the Appeal Jury. In the case of an unsuccessful appeal, the payment will be retained by the ISF.

SWIMMING

TECHNICAL RULES AND REGULATIONS



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